



# VFW Auxiliary Dept of NH Presidents Special Project Suicide Awareness



## July 2022 - General Information

### WHY?

According to the Department of Veterans Affairs' National Veteran Suicide Prevention Annual Report (2019), the suicide rate among Veterans is greater than the non-Veteran population, with over 6,000 veterans dying by suicide each year. Despite accounting for just 7.9% of the population, Veterans account for 13.5% of all suicide deaths in the United States.

According to a National Violent Death Reporting System (NVDRS) report and analysis released by the NH Medical Examiner's Office, a total of 206 deaths by suicide occurred among military-affiliated individuals in New Hampshire during the period spanning 2015-2019. This is equivalent to higher than the national average.

There is no single cause of Veteran and military suicide, but by treating and preventing mental health and substance use conditions, addressing access to lethal means (firearms accounted for 75% of male Veteran suicide deaths and 71% of female Veteran suicide deaths in 2015-2019 in New Hampshire), and empowering Veterans to live and thrive in their communities, we can save lives.

### TIME FOR ACTION!

Now is the time to start thinking about ways to help! There are Many different ways to help include:

- Walk Fundraiser
- Bake Sales
- Meat Raffle's
- Social's
- Auction's
- Dinner's



Email to: [julie.derubeis@gmail.com](mailto:julie.derubeis@gmail.com)

Mail via US Postal Service: 12 Hartwood Dr - Merrimack, NH 03054

Best regards,

*Julie DeRubeis*

Dept of NH VFW Auxiliary Department  
President Special Project Chair  
2022-2023



[Click here to visit The Veterans Crisis Line](#)